

Telehealth and the Coronavirus

We at Heather Saiki Health Insurance Services care about the health and safety of our enrollees.

Most California health insurance plans offer telehealth. Please consider using your telehealth options when appropriate. Most plans have 24 nurse lines and Telehealth doctors that are board certified and are located in California. You can locate your carriers customer service number and Telehealth on the back of your insurance card. The California department of health is recommending using Telehealth before going to the clinic. Some carriers are waiving testing fees and limiting treatment costs. Five dollars is the average cost of a Telehealth visit. You can FaceTime, Skype or just call. It is easy to register and you can call anytime. Contact me if you questions.

Health Insurance Company Contact Information

Company	Website	Phone Number
Anthem Blue Cross of California	www.anthem.com/ca	(855) 634-3881
Blue Shield of California	www.blueshieldca.com	(855) 836-9705
Kaiser Permanente	www.kp.org	(800) 464-4000

Wishing you a great day!
530-604-0549
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